

YMCA Worcestershire's youth counselling service offering 1:1 counselling for young people aged 14-21 at venues across Worcestershire. The post holder will be responsible for delivering low to medium level, short term face to face and one to one counselling interventions to young people on a short term and needs assessed basis.

Job Title: Sessional Counsellor (self-employed)

Job Purpose: To provide low to medium level, short term one to one/face to face counselling interventions to young people, aged between 14-21, within the Worcestershire area.

Main Responsibilities:

1. To provide short term, low level, one to one, face to face counselling interventions for young people aged 14-21 within the local communities in which it operates. The Counselling Coordinator will allocate appropriate young people to sessional counsellors after assessments have been completed.
2. To work alongside the British Association of Counselling & Psychotherapy ethical framework in the delivery of counselling services as well as the overarching YMCA Worcestershire policies and procedures.
3. To raise any risk or safeguarding issues that may arise in the therapeutic work being carried out in accordance with YMCA Worcestershire policies and procedures.
4. To keep accurate records of counselling sessions and complete appropriate paperwork as set out by YMCA Worcestershire.
5. To build and maintain effective relationships with other members of staff and the management team.
6. To ensure that communications are clear and relevant.
7. To work flexibly across the Worcestershire area at various centres so the demand for our service matches where the counselling is being provided.
8. To provide clear and accurate invoices at the end of the month with a completed monitoring form as required by YMCA Worcestershire so payments are made in a timely fashion.
9. To liaise with and signpost/refer young people to other appropriate services, as and when required. Furthermore, as a means to provide a holistic service to a young person, if they are getting support from other agencies, we will endeavour to input into the young person's support.
10. To complete other duties related to the delivery and provision of an effective counselling service.

We will provide:

- a. Regular Clinical Supervision to oversee the work carried out through this service
- b. Access to management support to address any issues as and when needed
- c. Provision of sessional and volunteer meetings to keep you abreast of service developments as well as an opportunity to access peer support and get to know other members of the team.
- d. An induction to YMCA Worcestershire and the Mental Health Champions project which the counselling service is a part of
- e. Appropriate training to meet the needs of the service being delivered by the Mental Health Champions Project.

Hours of work

These will be on a sessional basis, as and when needed. The weekly schedule of working hours is to be agreed. The work pattern may include some weekend work and evenings.

Salary: £15-25 per hour, dependent on level of experience and qualifications.

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

Candidate needs:

- To possess a BACP recognised Diploma or Degree in Counselling at level 4 with a minimum of 2 years' post-qualification experience.
- To be a BACP accredited member or working towards is preferable.
- To have some counselling experience of working with 14-21 year olds.
- To be self-employed and be able to provide a unique tax reference number.

I agree to abide with the above role and responsibilities. I can confirm I fulfil the criteria for the role. I understand that if any of these responsibilities are not met it can affect my self-employment with this organisation.

Signed:

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Self-employed counsellor

Date:

Signed:

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Head of Children, Families and Youth

Date:



